

## **Family Camp Proposed Pilot**

Letter from Yaroslaw Lozowchuk to Holy Trinity Parish on the Proposal of a Family Camp Pilot. Proposal follows the letter:

I pray that you and your families be truly blessed with the Joy of the Resurrection.

I am writing to you as Parish Council Presidents on behalf of the Central Eparchy Centenary Committee and the Regina DHS-UO Sobor Centenary Committee. The Central Eparchy Centenary Committee has identified the Family Camp Pilot as a strategic future oriented Centenary Project and the Regina DHS-UOS Parish Council has mandated the local Regina Centenary Committee to explore the formation of a Family Camp Working Group jointly with other congregations in the Central Eparchy. Attached is a preliminary concept paper on the Family Camp Project. The purpose of this memo is to inquire whether your respective Councils - congregations would be interested in forming a joint Family Camp Working Group to plan and initiate the Family Camp Project. It is envisaged that each participating Congregation would delegate 2-4 members to participate in the Family Camp Working Group. If you have any questions feel free to call me directly at 306-501-9200 or by e-mail at [yaroslaw@lozowchuk.com](mailto:yaroslaw@lozowchuk.com). I might add that I have discussed the project with Fathers Makowsky and Powalinsky and am contacting you on their recommendation.

In Christ,

Yaroslaw

## **Family Camp Proposed Pilot**

### **Goal**

**To create an additional vehicle for renewing our Church parishes, by bringing our Orthodox member families together and empowering and engaging them in a process of mutual support in living a Gospel centered life as individuals, families and communities as a whole.**

### **Objectives**

Provide an opportunity for Orthodox families in a relaxed atmosphere to:

- Build up church community relationships - deepen – strengthen-explore their relationship with other Orthodox families;
- Individual members to have their questions relating to their faith discussed in depth – answered;
- For individuals and families to reflect on their lives and explore, with others solutions for the challenges they face living as Orthodox Christians; and
- An opportunity for individuals and families to slow down - to have a relaxed fun filled time of recreation.

## **Process**

Ideas to consider:

- Camp to include:
  - Service – prayer component
  - Teaching component
    - Faith
    - Practical skills
  - A time for sharing
  - Recreational program - Fun-recreational activities component;
  - Cultural program – singing, family amateur hour
- Deepen personal faith by sharing and exploring answers-solutions to their concerns with gifted-competent teachers and fellow sojourners;
- Learn new practical skills for enhancing personal and family lives and church community life;
  - Teaching individuals and families to deepen their prayer life – setting up a spiritual War Room – prayer corner – icons – Holy Scripture – candles - incense
  - Teaching families to sing
  - Sharing with families how to bring beauty into their lives – via music, art, dance
  - Sharing with families how to be more responsible stewards of the natural environment
  - Sharing families how to develop health habits – food we eat -food we prepare – exercise – preventative health practices: massage - reflexology
  - Sharing with families how to practice self-denial - giving up things for a specific period of time– driving - electricity;
- Consider:
  - Camp to start Thursday evening and end Monday at supper time
  - If warranted, have two language streams (English and Ukrainian) or effective translation process to ensure participation by new immigrants

- Provide an opportunity for individuals to learn how to read the epistle, tropars – tones and leading the community in prayer
- End every evening with a sharing circle around a camp fire -reflecting on the day
- Adult and children's sub-programs – including 'babysitting' for the youngest
- Camper shared food preparation, serving and clean up
- Camp fast from mobile phones and I-pads
- Video or audio taping teaching sessions/discussions/
- Set up a Camp Website for sharing teachings, experiences
- Have a group of teenagers prepare a film on the life of the Camp

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